

Your Essential Elements

It's time to identify your Essential Elements! We covered a lot of ground during your Vision Meeting. Now it's time to distill those priorities into your top three—your Essential Elements. List them in order of importance, and keep them short and memorable. Don't let obstacles constrain your thinking. We'll sort all that out later.

Note that these are *not* the basics you already have in place. Rather, they're what you want to add, change, or refocus on in life.

Once complete, please email a copy to your advisor.

Essential Element #1

Essential Element #2

Essential Element #3